

Welcome to the Webinar!

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# Our ZIP Codes & Breast Cancer: Working Together for Healthier Places



# Webinar Housekeeping

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- Live transcript available
- Please use Q&A function
- All attendees are muted
- Chat is view only
- Link to recording and slides will be emailed
- Extra time!

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# Our ZIP Codes & Breast Cancer: Working Together for Healthier Places

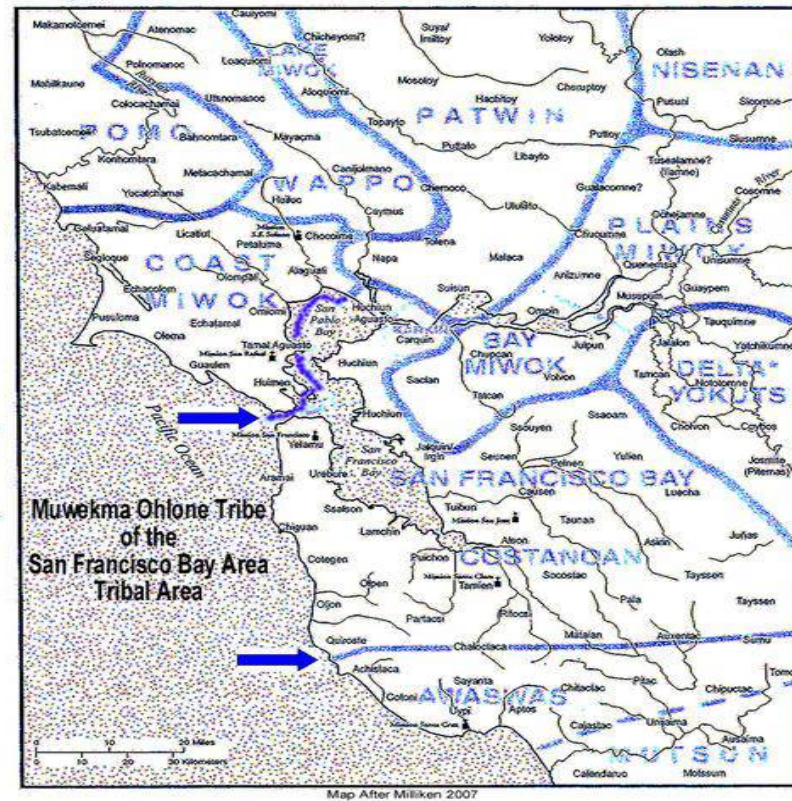
Catherine Thomsen, MPH

Program Director

*April 29, 2021*

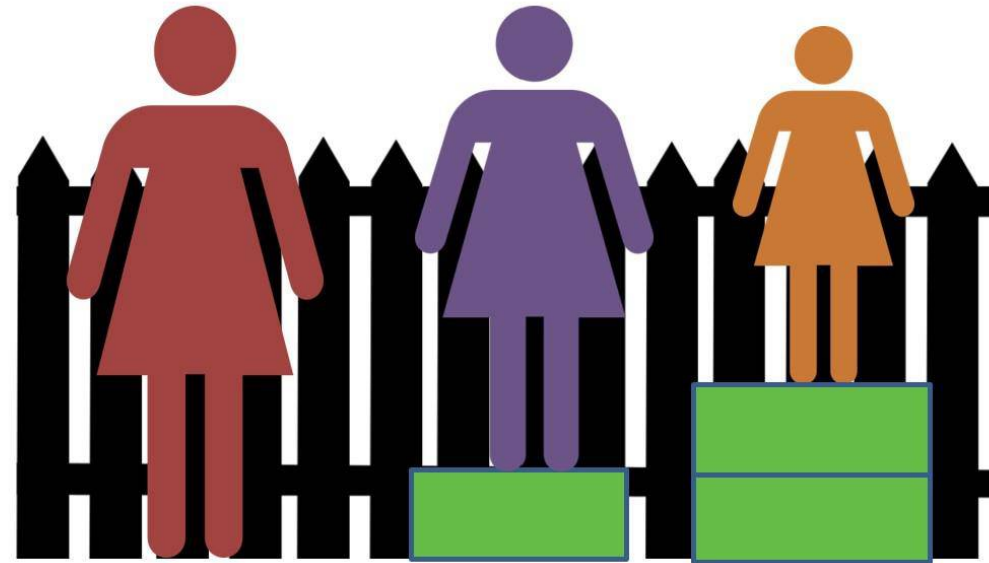


# Where am I?



# Advancing Health Equity in Breast Cancer Webinar Series

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**EQUITY**



# Zero Breast Cancer



# #ZBCbridge

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Facebook, Instagram @zerobreastcancer

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[www.zerobreastcancer.org](http://www.zerobreastcancer.org)

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# Healthy Communities

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## Access

- Healthy food
- Safe places to walk, roll, bike
- Park & green spaces
- Good schools
- Quality health care
- Affordable housing
- Public transportation
- Job opportunities

## Connections

- Social support
- Spaces to gather
- Community engagement

## Resources

- Community gardens
- Supportive local policies
- Community leadership



# Today's Speakers

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# Healthy Communities

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## Access

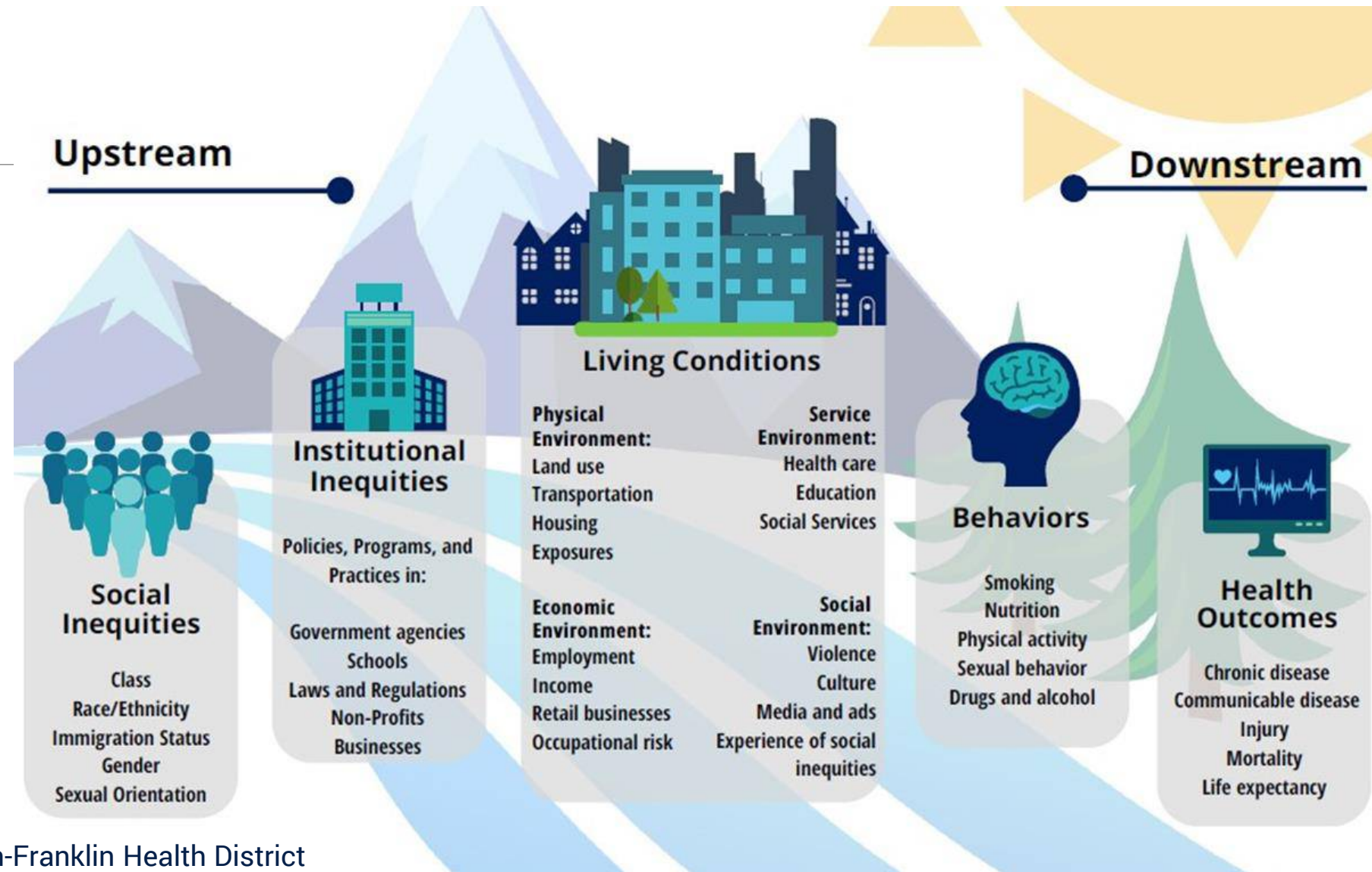
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From Benton-Franklin Health District

# Ways to make change

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- Find and join an existing group
- Attend local meetings
- Talk to elected officials
- Advocate for a policy
- Run for office
- Spread the word
- Donate time or money
- Create a new organization or network



# Food-Related Toolkits & Resources

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- Voices for Healthy Kids
- The Food Trust
- Black Church Food Security Network
- Native Food Systems
- Dreaming Out Loud
- Why Hunger





# Thank you panelists & sponsors!

**UCSF** Helen Diller Family  
Comprehensive  
Cancer Center



**THE LATINO CANCER INSTITUTE**  
Connect. Convene. Advocate.





**Previous:** Community Engagement in Research

***Coming this Summer:*** Culture & Language

**Fall:** Environmental Justice

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