Welcome to the ZBC Webinar!

Peripheral Neuropathy: Dealing with Nerve Problems During and After Cancer Treatment

April 27, 2022
Webinar Housekeeping

• Webinar is being recorded!
  • Recording link will be emailed to everyone registered
• Slides are on website
• Live transcript (captioning)
• Use Q & A to ask questions any time
  • Chat is view only – look for resources there
Who is here today?
Peripheral Neuropathy: Dealing with Nerve Problems During and After Cancer Treatment

Catherine Thomsen, MPH
April 27, 2022
The Land We Are On
Zero Breast Cancer
"Congratulations on a job well done with the Neuropathy Factsheet. It is very accurate and comprehensive and consistent with current knowledge."

Eva Myers, PhD., FNP, RN
Los Angeles, CA
What is Peripheral Neuropathy?

Common Symptoms:

- Pain
- Tingling
- Numbness

Muscle control

Organ function

Image from Mount Sinai
Today’s Speaker

Professor of Epidemiology and Population Health
Stanford School of Medicine

Associate Director for Health Equity and Community Engagement
Stanford Cancer Institute

Alyce Adams, PhD
Additional Panelists

Deborah Butler

Regina Guillory

Eva Meyers
PHD, FNP, RN
What helps your feet (& balance)?

- Supportive footwear
- Compression socks
- Kinesiology tape
- Rubbing oil
- Peppermint lotion
What helps your hands?

- Thermal gloves
- Pencil/pen grips
- Oven mitt that grips
- Crochet hook grips
Thank you panelists & sponsors!
Connect with ZBC

Email Sign-up zbclink.org/newsletter

Facebook, Instagram @zerobreastcancer

Twitter @zerobreastcancr

LinkedIn @company/zero-breast-cancer
October 2022: Heart Health After a Cancer Diagnosis

Previous webinar videos: Community Engagement in Research
ZIP Codes & Breast Cancer
Culture in Breast Cancer
Our Environment & Breast Cancer

www.zerobreastcancer.org