PROJECT LIFE

A virtual wellness house for those living with metastatic breast cancer and their loved ones.
Metastatic Breast Cancer patients are living longer than ever.....
....but only if they have access to diagnostics, drugs, supportive care and clinical trials.

Dr. Julie Gralow

*Project Life seeks to address and answer the supportive care role.*

https://doi.org/10.1093/jncics/pky062
Project Life is a virtual wellness house, offering programming and support, to those living with metastatic breast cancer, their caregivers and children, through our five dimensions of wellness.

Project Life will promote collaborations with cancer centers and organizations that resource the MBC Community throughout the U.S.
Five Dimensions of Wellness

- Social
- Emotional
- Physical
- Financial
- Spiritual
3 BUCKETS OF FOCUS

Programs - Wellness House

Pass Through Resource Hub

Partnerships/Collaborations
(Virtual) Wellness House

The Foyer
~ Newly Diagnosed, Self Advocacy

The Living Room
~ Social Gatherings , Mental Health, Couch conversations

Art Studio
~ Therapeutic Art Classes

The Library
~ Book Club, Resources

The Garden
~ Mentoring, Journaling, Mindfulness.

The Den
~ Health Literacy, Legal, Finances

The Kitchen
~ Nutrition, cooking

The Backyard
~ Exercise, Kids Camp, Play
PASS THROUGH RESOURCE HUB

- Cancer hospitals/programs in patient’s geographic areas
- Pharmaceutical Companies with patient resources
- Cancer organizations with well established
- Programming for MBC patients, caregivers and their loved ones.
PARTNERSHIPS & COLLABORATIONS

- ABCD - Mentor Training John Hopkins - Therapeutic Art Classes
- Faraja Trust Kenya - Therapeutic Art Classes
- The James - In talks
- The Smith Center - In talks
- Scientific Network on Female Sexual Health and Cancer - advocacy, classes.
NETWORKS

Living Beyond Breast Cancer
The Metastatic Breast Cancer Alliance
Susan G. Komen
NCCS - National Coalition of Cancer Survivors
Dr. Susan Love - Research Army
Triage Cancer
For the Breast of Us
Oncologists, researchers, patient advocates, etc....
The BIG vision:
To establish Project Life Wellness Houses across the US for all of those with metastatic disease
QUESTIONS?

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