PROJECT LIFE

A virtual wellness house for those living with metastatic breast cancer and their loved ones.



Metastatic Breast Cancer patients are living longer than ever.....but only if they have access to diagnostics, drugs, supportive care and clinical trials.

Dr. Julie Gralow

Project Life seeks to address and answer the supportive care role.

https://doi.org/10.1093/jncics/pky062

Project Life is a virtual wellness house, offering programming and support, to those living with metastatic breast cancer, their caregivers and children, through our five dimensions of wellness.

Project Life will promote collaborations with cancer centers and organizations that resource the MBC Community throughout the U.S.



Five Dimensions of Wellness

Social

Emotional

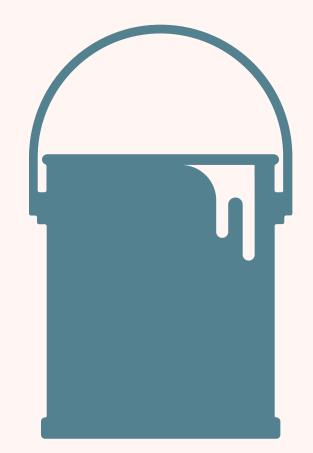
Physical

Financial

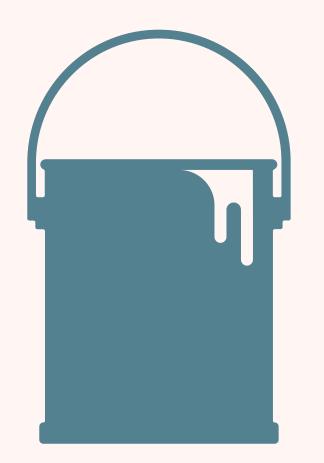
Spiritual

3 BUCKETS OF FOCUS

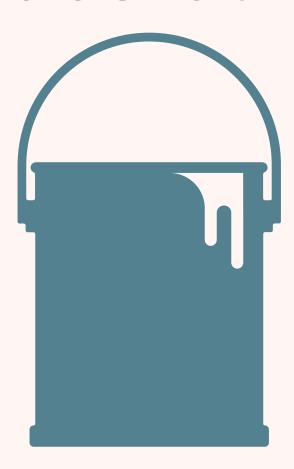
Programs-Wellness House



Pass Through Resource Hub



Partnerships/ Collaborations





(Virtual) Wellness House

The Foyer

~ Newly Diagnosed, Self Advocacy

The Living Room

~ Social Gatherings, Mental Health, Couch conversations

Art Studio

~ Therapeutic Art Classes

The Library

~Book Club, Resources

The Garden

~Mentoring, Journaling, Mindfulness.

The Den

~Health Literacy, Legal, Finances

The Kitchen

~nutrition, cooking

The Backyard

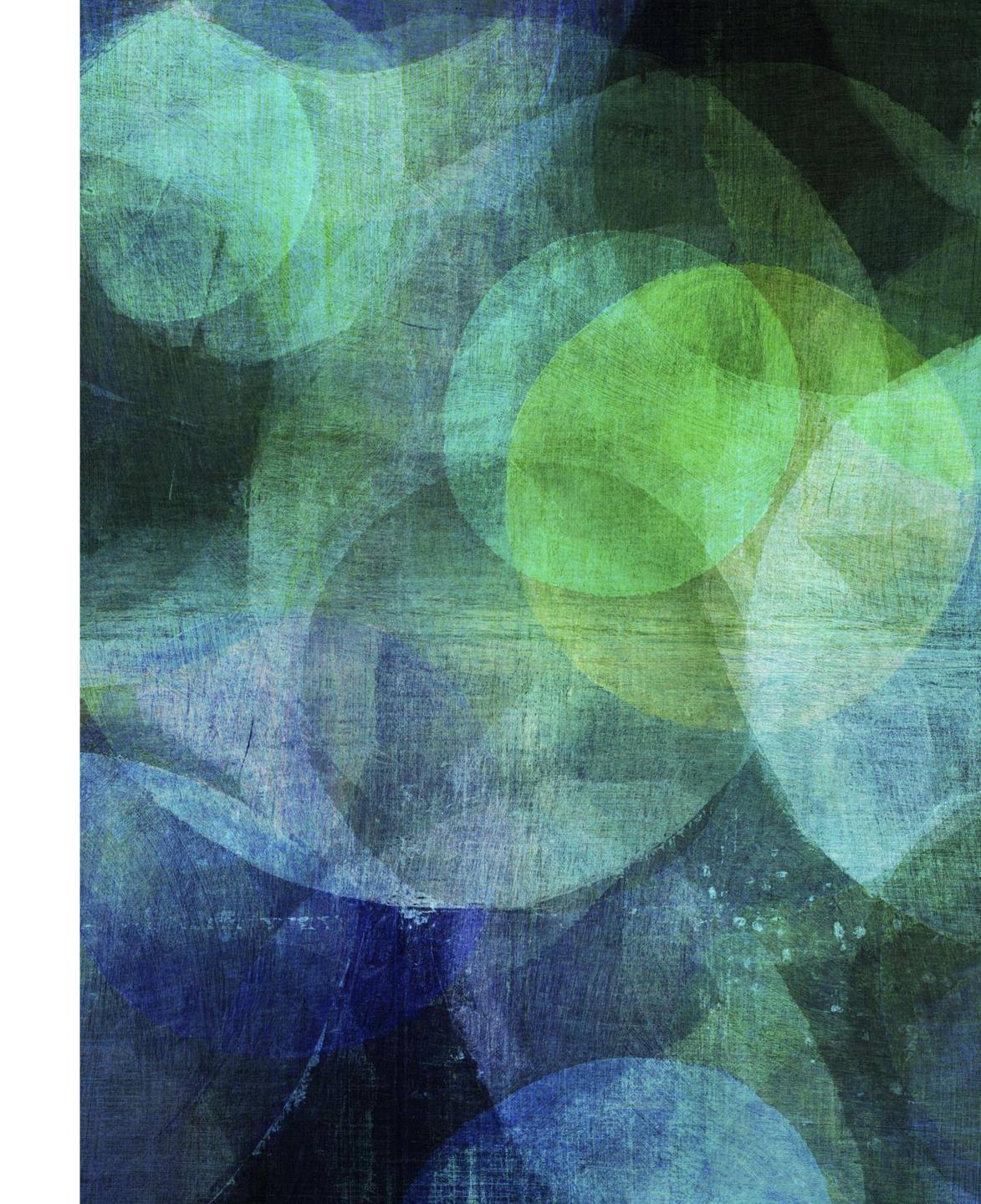
~Exercise, Kids Camp, Play

PASS THROUGH RESOURCE HUB

- Cancer hospitals/programs in patient's geographic areas
 - Pharmaceutical Companies with patient resources
 - Cancer organizations with well established
 - Programming for MBC patients, caregivers and their loved ones.

PARTNERSHIPS &COLLABORATIONS

- ABCD Mentor Training John Hopkins Therapeutic Art Classes
- Faraja Trust Kenya Therapeutic Art Classes
- The James In talks
- The Smith Center- In talks
- Scientific Network on Female Sexual Health and Cancer advocacy, classes.



NETWORKS

Living Beyond Breast Cancer

The Metastatic Breast Cancer Alliance

Susan G. Komen

NCCS - National Coalition of Cancer Survivors

Dr. Susan Love - Research Army

Triage Cancer

For the Breast of Us

Oncologists, researchers, patient advocates, etc....

The BIG vision:

To establish **Project Life** Wellness Houses across the US for all of those with metastatic disease



QUESTIONS?

Connect:

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