

## Zero Breast Cancer Hard-Copy Materials Request Form

Thank you for your interest in Zero Breast Cancer! We are proud to provide breast cancer risk reduction materials free of charge to schools, nonprofits, businesses, and others interested in sharing our materials with their clients or communities. We have materials for two campaigns: 13 Ways to Reduce Your Risk of Breast Cancer and Girls' New Puberty. Read more below and provide the information on the second page to request copies.

### 13 Ways to Reduce Your Risk of Breast Cancer

Our 13 Ways to Reduce Your Risk of Breast Cancer campaign has been developed to share breast cancer risk reduction messages with teens and adults. Learn more at [zbclink.org/13ways](http://zbclink.org/13ways).

Posters in English and Spanish (18x24 inches)



### Tri-fold Brochures in English and Spanish



### Postcard-sized Fliers



## Girls' New Puberty

Our Girls' New Puberty Campaign shares health and wellness messages with girls under 12 and their caregivers. Although early puberty is risk factor for breast cancer, these materials do not focus on that connection. They promote healthy actions in five key areas: move more, eat healthy, get enough sleep, manage stress, and limit chemicals. Learn more at [zerobreastcancer.org/newpuberty](http://zerobreastcancer.org/newpuberty).

### English/Spanish Infographic Bookmarks



### English/Spanish/Chinese Postcard-sized Fliers (with links to our video series in each language):



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Please indicate the number of each item you are requesting and your contact information. You can email this completed form to [education@zerobreastcancer.org](mailto:education@zerobreastcancer.org).

### 13 Ways to Reduce Your Risk of Breast Cancer:

- English posters: \_\_\_\_\_
- Spanish posters: \_\_\_\_\_
- English brochures: \_\_\_\_\_
- Spanish brochures: \_\_\_\_\_
- English postcard-sized fliers: \_\_\_\_\_

### Girls' New Puberty:

- English/Spanish infographic bookmarks: \_\_\_\_\_
- English/Spanish/Chinese postcard-sized fliers: \_\_\_\_\_

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_