

Message from the Executive Director

Janice Barlow

Marin Breast Cancer Watch Celebrates 10th Anniversary with a New Name and Visual Identity

Celebrating our 10th anniversary provided us with a chance to look back at the impact of Marin Breast Cancer Watch over our first decade and an opportunity to develop a renewed vision for the years ahead as Zero Breast Cancer.

“The ancient masters of Japanese art were allowed to change their name only once in their lifetime.

They had to be very selective about the moment in their career when they did so. They would stick with their given name until they felt they had become the artist they aspired to be; at that point, they were allowed to change their name. For the rest of their life, they could work under their new name at the height of their powers. The name change was a sign of artistic maturity.”

... Twyla Tharp

Looking Back:

Marin Breast Cancer Watch (MBCW) was founded a decade ago by Francine Levien and a small but dedicated group of women, all with breast cancer, who set out on an extraordinary journey with an extraordinary mission of finding the causes for the high rates of breast cancer by involving the community in the process. We focus on identifying environmental factors and the role they play in the development of breast cancer at all stages of life.

Since its beginning, MBCW has played a leading role in initiating, motivating and sustaining innovative breast cancer research and educational efforts in Marin County and the San Francisco Bay Area. MBCW was the **first** to:

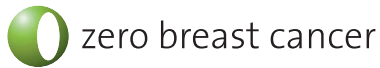
- ▶ Partner with researchers to conduct a breast cancer research study in Marin County: *The Adolescent Risk Factor Study and the Development of Breast Cancer in Marin*. This study provided data for additional studies that take a closer look at risk factors, geographic variability, tumor histology, genetic markers and adolescent stress. All of these studies have yielded valuable clues in understanding the breast cancer puzzle in Marin and the Bay Area.
 - ▶ Develop and pilot an adolescent peer education breast cancer prevention, risk reduction and education “module” to inform and motivate adolescent girls and boys to reduce their future breast cancer risk by practicing healthy behaviors and minimizing exposures to known environmental carcinogens.
- ▶ MBCW was the driving force that brought the *first* center to the Bay Area to explore the role environmental factors play in the development of breast cancer, *The Bay Area Breast Cancer and Environment Research Center*.

- ▶ Additionally, MBCW is the community partner in the *first* and largest prospective study on breast cancer survivorship in the Bay Area. The study is focusing on lifestyle factors, diet, physical activity, complementary alternative medicine, gene-environmental interactions and their therapeutic role in preventing breast cancer recurrences, increasing survival and enhancing the quality of life.

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In less than ten years, MBCW has evolved from a grassroots group of women concerned about the high breast cancer incidence rates in Marin County to a nationally recognized community organization that collaborates with scientists and policy makers in breast cancer research.



Mission Statement

Our mission is to find the causes of breast cancer through community participation in the research process. We focus on identifying environmental factors and the role they play in the development of breast cancer at all stages of life.

Founder

Francine Levien
(1926 – 2001)

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Marin Breast Cancer Watch Celebrates 10th Anniversary with a New Name and Visual Identity *from page 1*

Looking Ahead:

Like the ancient masters of Japanese art described on page 1, MBCW has become what we aspired to be. The right moment has come to create a new name and visual identity.

The name “Marin Breast Cancer Watch” has served us well for the past decade, but it no longer reflects what we are doing or what we are setting out to do in the future.

The unacceptably high rates of breast cancer are not just found in Marin County. The rates are increasing in the San Francisco Bay Area, in California, in the United States and throughout the world. In response, our programs and our influence have expanded beyond Marin.

The members of Marin Breast Cancer Watch are committed to eliminating breast cancer. We are not passively “watching.” Our message is a call to action:

- ▶ A call to resist becoming complacent or accepting of the increasing rates of breast cancer
- ▶ A call for more research on the causes of breast cancer
- ▶ A call to do everything we can to prevent and end this life threatening disease for everyone: women at risk, women with early breast cancer, with metastatic breast cancer, black, white, tan, old, young, daughters and granddaughters.

Our new name, **Zero Breast Cancer**, describes our dream of a world without breast cancer and recognizes that we cannot live our dreams without naming them.

Some may think **Zero Breast Cancer** is an unattainable goal but this organization has reached for the seemingly impossible before and accomplished it.

Zero Breast Cancer radiates possibility and it is within this framework of possibility that we will continue to work.

As we move into the next decade, the members of **Zero Breast Cancer** pledge to:

- ▶ Be true to our mission
- ▶ Ask and demand answers to the tough breast cancer questions
- ▶ Accelerate the exploration of unknown causes of breast cancer, including environmental factors
- ▶ Partner with researchers, with scientists, with health care providers and policy makers
- ▶ Bring the community voice to research, public health and public policy advocacy
- ▶ Be passionate mavericks
- ▶ Make **Zero Breast Cancer** a reality

Zero Breast Cancer invites you to invest in the future by choosing to become an active part of this incredible organization. Please join us in making *zero breast cancer* a reality for the next generation.

Board and Staff Notes

Zero Breast Cancer bids a fond farewell to board members **Linda Duke** and **Ann Eichhorn**. We gratefully thank them both for their years of dedicated service to this organization.

ZBC says goodbye and good luck to our office assistant, **Ashley Goldsmith**. Ashley is leaving to attend graduate school at Northeastern University in Boston, Massachusetts. Congratulations! We'll miss you!

We would like to extend a warm welcome to our two newest board members: **Maureen Cronan** and **Connie Goldsmith**. Maureen has a background in marketing and actively participates in volunteer work around Marin County. Connie is the Assistant Director of Admissions at Marin Academy in San Rafael. Both women have been long-time supporters of Zero Breast Cancer and we look forward to working with them!



Of Mice and Women

Janice Marie Barlow, Chair
Community Outreach and Translation Core
Bay Area Breast Cancer and Environment Research Center

Have you ever wondered why we study breast cancer in laboratory mice? A soon-to-be released video will answer many of your questions.

In “Of Mice and Women,” Dr. Mary Helen Barcellos-Hoff, PhD, head of the Department of Cancer Biology and a senior scientist in the Life Sciences Division at the Lawrence Berkeley National Laboratory describes why and how different types of mouse models are used to study various aspects of breast cancer biology.

The term “breast cancer” no longer refers to a single disease. Like mouse models, there are various types of breast cancer, all of which differ in their:

- morphology (structure)
- histopathology (microscopic changes in tissues caused by disease)
- dependence on endogenous (developing from within) growth factors
- activation/inactivation of certain genes
- clinical outcomes (potential for metastasis)

Hence, there is not a single mouse model that can mimic all the features of “breast cancer.” Instead, there are a variety of models each being unique to a different subtype or a particular aspect of breast cancer. The superiority of one mouse model over another largely depends on the scientific question to be answered and on the study’s design.

The limitations, advantages and significant improvements in the technology of modeling human breast cancer in mice are reviewed in the video. As co-investigator of the Bay Area Breast Cancer and Environment Research Center biology study, Dr. Barcellos-Hoff’s focus is on defining the critical biological steps in breast mammary gland development and identifying what molecular events are responsible for breast tumor formation. Dr. Barcello-Hoff’s passion and interest in how normal breast development is regulated and how environmental exposure to low dose radiation affect the mammary gland at different stages (pre-puberty, puberty, pregnancy and aging) of development is evident throughout the video.

“Of Mice and Women” was produced in collaboration with Michael Hoff Productions, a major international producer of non-fiction television and the Community Outreach and Translation Core of the Bay Area Breast Cancer and Environment Research Center. This production was supported by National Institute of Environment Health Sciences (NIEHS) and National Institute of Health/ National Cancer Institute (NIH/NCI). Grant # UO1 ESO12801.

Go to www.zerobreastcancer.org for more information on why the mouse mammary gland is an excellent model system with which to study the development of the mammary gland and breast cancer. Also why the model provides a unique opportunity for the exploration of how genetics and environmental factors interact to give rise to breast cancer. For additional information on the Bay Area Breast Cancer and Environment Research Center, visit www.bcerc.org



Taking Action to Reduce Exposures

(Courtesy of the Silent Spring Institute)

The high incidence and mortality rates of invasive breast cancer in the San Francisco Bay Area have been a continued source of public concern. Women, particularly those with daughters and granddaughters, often ask what they can do to prevent breast cancer. The following tips offer ways you can reduce your personal exposure to chemicals scientists suspect could be related to breast cancer and other diseases.

- 1 ▶ Use glass containers in the microwave and encourage your family/friends to do the same. Some plastic containers contain chemicals that mimic or disrupt hormones. These chemicals can leach into food when they are heated.
- 2 ▶ Ask for dry cleaning services that do not use “PERC” or ask for “wet cleaning.” The familiar smell of dry cleaning comes from residues of perchloroethylene (PERC). Solvents, such as PERC, are under study for their links to breast cancer and are associated with other cancers. If you must use traditional dry cleaning with PERC, remember to open the plastic bags on your clothing in an open space and air them out before putting them in a closet.
- 3 ▶ When grilling foods, minimize “char” by reducing the heat level and/or using marinades. “Char” contains PAHs – polycyclic aromatic hydrocarbons – that are known to cause mammary tumors in animals. In the Long Island Breast Cancer Study, women who had more DNA damage from PAHs had higher breast cancer risk.

For additional suggestions go to www.zerobreastcancer.org/education.html or mail your own tips to info@zerobreastcancer.org

Breast Cancer in Hispanics

Even though Latina women have lower rates of breast cancer compared to non-Hispanic white and African American women, breast cancer is the leading cause of cancer death among Latinas. Latina women are also more likely to be diagnosed at an advanced stage of breast cancer, when fewer treatment options are available. Consequently, this can result in poorer outcomes and higher mortality rates. In 1999, the five-year survival rate for Hispanic women was 76% in comparison to a survival rate of 87% for non-Hispanic white women.

Because Zero Breast Cancer feels that breast cancer in the Hispanic population is understudied and poorly understood, we invited Dr. Esther John to present her research on the known risk factors of this very diverse group of women. Her project, “Migration History, Acculturation, and Breast Cancer Risk in Hispanic Women” (2005), suggests that the high risk for breast cancer in Hispanics is associated with family history, a higher degree of acculturation, living longer in the US, decreasing age at migration, and a unique history of exposures to environmental toxins. Breast cancer was found to be 50% lower in foreign-born Hispanics when compared to US-born Hispanics, and there is evidence that risk is highest among first generation migrants who immigrated before the age of 8. Dr. John notes that as the Latina population in the US ages and adopts lifestyle behaviors common to the US, we should see an increase in breast cancer incidence.

To learn more about breast cancer in the Hispanic population and Dr. John’s study, please go to our website: www.zerobreastcancer.org/research.html

Integration of GIS Technology with Environmental Studies

Safie Yaghoubi, Research Consultant

Many health issues influenced by environmental factors are only addressable through environmental epidemiology. As environmental epidemiologists, we assess the hypothesis that a cancer is associated to environmental risk issues. We are concerned not only with the incidence and mortality rates, but also with their cause. An increase in the incidence of cancer near a source of pollution cannot be seen by looking at individual cases, but only when looking at the statistics for the entire area. Since research on associations between exposure to environmental chemicals and disease incidence is conducted among free-living populations, epidemiologists can never obtain the degree of control that is achievable in a laboratory. When the environmental cause of a health problem like cancer can only be shown statistically, a geographical information system (GIS) is a useful tool that improves the ability of ecological studies to link health data with a source of the environmental exposure. GIS is a computer-based data collection, storage, and analysis tool that combines previously unrelated information into easily understood maps. In other words, most information is tied to a place. A GIS can provide information about potential environmental exposures that cannot be obtained through traditional epidemiologic methods. A GIS database on the location of environmental hazards, as well as disease and demography, can be used to develop or test etiological (study of causation) hypotheses. GIS can be used in an environmental study to develop more accurate and detailed descriptions of disease incidence and to explore the causes. For cancer cluster identification and filling in the gaps about known clusters, micro-environmental modeling which provides a community-specific occurrence of cancer or level of function that is adjusted for individual-level exposure integrated with a GIS can be used for exposure assessment.

At Zero Breast Cancer we use GIS to map patterns of breast cancer incidence in relation to potential environmental exposures of concern, including both anthropogenic (man-made) and natural exposure sources to evaluate relationships between environmental toxins and breast cancer in Marin County. Few people may know about the old mines hidden in the hills of Marin County and these abandoned mines are a known environmental problem. For instance, the Gambonini Mercury Mine Superfund Removal Site on Walker Creek has contaminated Tomales Bay for years, and the San Francisco Regional Water Quality Control Board reported it as a potential threat to both humans and wildlife. Additionally, mercury mining on the California coasts over the past century has had a major environmental impact by increasing the exposure of aquatic ecosystems to this heavy metal. Methylmercury readily enters the aquatic food chain and becomes concentrated in the tissues of fish and the animals that eat them. Through the process of biomagnification, concentrations of mercury in predatory fish can be a million times higher than in the surrounding water. With the aid of GIS location-based information can dramatically improve our analyses of environmental hazards that contribute to human disease. For example, we have mapped mines¹ in Marin County that may have caused environmental contamination. Please visit our website to view the map at:

www.zerobreastcancer.org/research.html

These maps help us to address questions about potential toxic influences on the local ecosystem. We will develop more maps of environmental and other risk factors for breast cancer that will be posted on our website in the future.

¹Source MAS/MILS USGS

Marin Women's Study

An important new breast cancer research project

As an organization dedicated to finding the causes of breast cancer through community participation in the research process, we encourage all Marin residents to actively participate in the soon-to-be initiated Marin Women's Study.

The Marin Women's Study is a pilot study being conducted by the Marin County Department of Health and Human Services (MCDHHS). As part of the study, women undergoing mammography will be asked to fill out a questionnaire. Some women will also be asked to donate a saliva or blood sample. Researchers will use the data to further advance our understanding of the role lifestyle, environmental and genetic factors play in the development of breast cancer.

This study is a community effort with collaboration from Zero Breast Cancer, Marin Cancer Institute, University of California San Francisco, Buck Institute for Age Research, Kaiser Permanente San Rafael Medical Center, Fred Hutchinson Cancer Research Center, Northern California Cancer Center and many other local community groups.

For more information or to receive regular updates about the project, contact Kathy Koblick, Breast Cancer Project Coordinator at 415-507-2578 or e-mail kkoblick@co.marin.ca.us. Additional information can be found at www.marinwomensstudy.org.

To Celebrate Life Breast Cancer Foundation Awards 2006 Grant for Adolescent Education Project

Zero Breast Cancer Executive Director Janice Barlow was presented with a check for \$10,000. from the *To Celebrate Life Breast Cancer Foundation* (formerly the Marin Breast Cancer Council) at their April 2006 Grants Reception. Zero Breast Cancer expresses our heartfelt appreciation to the To Celebrate Life organization for their ongoing support of the Adolescent Breast Cancer Prevention, Risk Reduction and Education Program. The 2006 award marks the third grant from this all-volunteer organization, whose mission is “to raise funds to improve the lives of people in the Bay Area who are dealing with breast cancer or who have breast health concerns.” In December 2005, members of the “TCL” Grants Committee visited the Zero Breast Cancer office to learn more about the adolescent education program’s future goals.

The long-term goal of the Adolescent Breast Cancer Prevention, Risk Reduction and Education Program is to create persuasive, developmentally appropriate and culturally sensitive messages to educate adolescents about breast cancer risk and the role of environmental exposures. The 2006 TCL grant will be used to expand the program to additional schools. Zero Breast Cancer is seeking continuation funding to conduct training workshops for Peer Resource teachers and students in the San Francisco Bay Area.



Sandra Beltran and Natalia Forrer
Drake High School Peer Educators

Adolescent Education Pilot Project Achieves Successful Results

Susan Schwartz, Education Director

Zero Breast Cancer has completed a groundbreaking pilot project using peer education techniques to disseminate messages to high school students about breast cancer and risk factors, targeting both girls and boys ages 13 – 15. Through a single lesson module, established breast cancer risk factors are introduced as well as the role physical activity, diet and avoidance of known and suspected environmental carcinogens. During the current school year, Susan Schwartz, ZBC Education Director, conducted training sessions with a team of twelve Drake High School peer educators (ages 15 – 18), who then presented the lesson format to health and social issues classes. Students learned about preventive health and daily life choices that can make a difference in individual breast cancer risk reduction over a woman’s lifespan.

The trained team of peer educators reached nearly 300 students at Sir Francis Drake High School in 2006. A talented graphics student also designed a teen-friendly brochure with information and resources.

The comprehensive program evaluation showed that the project outcomes were highly successful:

- A high percentage of the students increased their knowledge of breast cancer facts and factors
- Most students agreed that the presentations made them more aware of the risks of breast cancer
- The majority of students agreed that they learned new ways to modify the risks for breast cancer
- Student participants devised a personal action plan to apply the information to their daily lives
- Peer educators and teachers were interested in continuing the program with suggested improvements

This three-year program started with Zero Breast Cancer’s community assessment of adolescent breast cancer information needs in Marin County. Working with breast cancer advisors and educators in 2005, Zero Breast Cancer collaborated with the Tamalpais Union High School District and the Drake High Peer Resource program to create an adolescent breast cancer preventive education curriculum module. The pilot project evaluation activities consisted of classroom pre-and post-test student surveys, professionally moderated focus groups, and interviews with students, teachers and school district personnel. Dr. Martin Forst, a program evaluator with the California statewide peer health education programs, directed the formal on-site project evaluation activities in coordination with Zero Breast Cancer. Consulting therapist Nancy Boughey, LCSW, moderated the pilot project’s focus groups with student participants and peer educators.

A \$10,000 evaluation grant from the Marin Community Foundation was combined with funding from the Avon Foundation and direct donations to Zero Breast Cancer to finance the pilot project implementation. According to Executive Director Janice Barlow, “We depend on the ongoing support from foundations and individual donors. The achievements of our Adolescent Education Program are visible evidence of the value we can deliver to the community with their involvement and support. We look forward to expanding the use of this innovative adolescent peer education breast cancer lesson module to other interested communities.” For a complete Pilot Project Summary Report, please visit www.zerobreastcancer.org/education.html



Graphic Design:
Keason Holehan
Sir Francis Drake High School

The 2nd Annual A Night with the Queen of Hearts

More than 180 friends of Zero Breast Cancer gathered on January 28, 2006 for our second gala, *A Night with the Queen of Hearts*, to honor a group of local heroes who help raise funds to support our breast cancer research.

These “queens” and “kings” generously donate their talents through a variety of fundraising events and donate the proceeds to ZBC. Together this group have raised tens of thousands of dollars to support the efforts of ZBC.



Chris Stewart

Charles W. Bennett, CEO, California Land Title served as Honorary Chair. Honored at this year’s event were **Susan Zelinsky, Petra Lindquist Kirberg, Jim Patrick, Jerry Leith and Chris Stewart** for their benefit concerts, mountain biking events and the Dipsea Hike/Run. In addition to recognizing these individuals, guests enjoyed dinner, live swing music, a casino, and a silent auction.



Chuck Bennett



Debbie Battjes and Maureen Cronan



Ronnie Peskin Mentzer, Sandra Cross and Fern Orenstein

DONOR PROFILE Spotlight on Teens

In the fall of 2002, high school junior **Colleen Kleier** started a Breast Cancer Awareness Club at Redwood High School. In just a few short years, the club has flourished on the Redwood campus.

Kathleen (Kat) Frasco joined the club while she was a freshman and assumed the presidency when Colleen graduated last year. On May 13, 2006, Kat participated in the 25th annual Marin Human Race and designated Zero Breast Cancer as the beneficiary of the funds she raised. She gathered hundreds of dollars in pledges.



Kathleen (Kat) Frasco and Jenny Bradshaw

Tamalpais High School also has a Breast Cancer Awareness Club. On the evening of April 22, 2006, Tam junior and club president **Jenny Bradshaw** and her fellow Breast Cancer Awareness Club members held a fashion show at school for parents and friends. The club chose ZBC as the beneficiary of the event. It’s hard to believe that this was their first fashion show - they did an incredible and professional job, raising over \$3,000!

Both of these clubs are comprised of young students who are involved and committed to an investment in the future. They raise breast cancer awareness among their peers, volunteer to help with our community outreach projects and organize fundraisers to benefit our organization.

We are grateful and inspired by their wonderful work.

Dipsea Hike/Run

As many of our friends and supporters know, this is usually the time of year for the Dipsea Hike/Run. Our signature poppy mailers and posters are seen throughout Marin County in June and July. However, we are taking a year off to plan a change in format and venue and will be back next year with an even better event. The date is already set, so please mark your calendars for Saturday July 21, 2007.

The Dipsea Hike/Run began in 2002. The idea belonged to Annie Fox, a 35-year-old Marin Breast Cancer Watch Board member who was facing her third recurrence of breast cancer. An avid runner, Annie came up with the idea for the Dipsea Hike/Run as a way to promote the health benefits of physical activity, increase awareness about breast cancer, and raise funds to support the research efforts of ZBC. Tragically, Annie lost her fight with breast cancer that summer, but the event continues to be held each July. It is in honor of Annie Fox that many hikers and runners continue to gather on the Dipsea Trail in July to honor not only her memory, but to be proactive in the battle against breast cancer for all of our mothers, daughters, sisters and friends who have been affected by breast cancer.

In lieu of physically participating this year, we are asking you to be a virtual participant. As a fundraiser, the Dipsea Hike/Run has been a significant source of income that is critical to supporting our breast cancer research and advocacy work. **Please consider making a contribution or donating the registration fee (\$50) using the enclosed envelope. Thank you.**

7th Annual Honor Thy Healer

On the evening of May 11, 2006, over 250 guests from Marin and San Francisco gathered at the Mill Valley Community Center to honor a medical oncologist, a cancer genetics counselor, a retired minister, a team of students from Sir Francis Drake High School, and a breast cancer research/oncologist. As part of Zero Breast Cancer's tenth anniversary celebration and seventh annual Honor Thy Healer awards ceremony, each of them were recognized for advancing our knowledge of breast cancer and the healing process.

This year's honorees were **Richard J. Cohen, MD**, a consulting oncologist in private practice at California Pacific Medical Center and clinical professor at UCSF; **Beth Crawford, MS, CGC**, Director of Clinical Services, UCSF Cancer Risk Program; **Reverend Lloyd William (Bill) Eichhorn**, recently retired co-minister of the Community Congregational Church in Tiburon and a spouse of a breast cancer survivor; the **Sir Francis Drake High School Peer Resource Team**; and **Christopher C. Benz, MD**, Professor and Program Director, the Buck Institute for Age Research and adjunct professor at UCSF.

Long time friend and supporter of ZBC, Supervisor **Hal Brown** served as honorary chair. In addition to dinner catered by **Insalata's**, guests were treated to an inspirational count-down of the history of the organization, from the founding ten years ago to zero and the unveiling of our new name -Zero Breast Cancer.

These exceptional healers, researchers and advocates have made a difference in the lives of those affected by breast cancer.



Stephanie Fein, Dr. David Lakes, Dr. Lisa Leavitt and Dr. Lloyd Miyawaki



Bill Eichhorn and Linda Spence



Beth Crawford, Janice Barlow and Dr. Richard Cohen



Drake Peer Resource Team with Shelly Norstad, Sue Schwartz and Ira Sachnof



Dr. Chris Benz and Fern Orenstein



Fern Orenstein and Jim Patrick



Janice Barlow being presented with a check from Wells Fargo



Tom Scott and Katie Beacock



Chuck and Catherine O'Neill



Gold Galaxy Sponsors Jackson's Hardware with Fern Orenstein



Gold Galaxy Sponsor Steve Barlow, The Mechanics Bank with Diane Long



Frima Stewart, Larry Meredith and Rochelle Eremam

Beautiful Jewelry to Support Breast Cancer Research

Landor Associates, the internationally renowned branding company, created our new name, visual identity, and the concept for Zero Breast Cancer jewelry. Well-known Mill Valley jewelry designer, **Kathleen Dughi**, took the design and had it made into jewelry. The result is a limited edition collection of exquisite 18 karat gold and sterling silver pendants and pins in our Zero logo.

By purchasing one of these pieces, you will be making a personal statement to end breast cancer. The proceeds will be used to continue to support our research, education and advocacy programs. The jewelry is available for sale. Please visit our website at www.zerobreastcancer.org for details.

upcoming events

September 16

Susan Z and Friends in Concert

Wine, Women & Song

The concert will be held at the Sweetwater in Mill Valley and starts at 9pm. Tickets are available for \$15 at www.ticketweb.com

October 22

The Breast of Broadway

Wine, Women & Song

A musical journey through the classics of Broadway will be held at the 142 Throckmorton Theater. Show starts at 6pm. Tickets are \$45 and include a reception. Call 415-383-9600 or go to www.ticketweb.com

November 2 - 3

Annual Scientific Meeting

"Early Environmental Exposures"

NIEHS Bay Area Breast Cancer and the Environment Research Center
More information on this annual conference can be found at www.bccrc.org/2006mtg/

January, 2007

Reducing Breast Cancer Risk Through Exercise

With Dr. Leslie Bernstein and Dr. Joan Bloom.

More information will be posted in the fall on dates, time, location.

Go to: www.zerobreastcancer.org

May 3, 2007

8th Annual Honor Thy Healer Awards and Celebration

Mark your calendars now!

July 21, 2007

Zero Breast Cancer's Dipsea Hike/Run

Our annual event will return in the summer of 2007.

Mark your calendars now!



Wine, Women & Song

will celebrate its eighth anniversary this year with two exciting musical events. On September 16, 2006 at the Sweetwater in Mill Valley, Susan Z and guest artists will perform a concert of music by performers and songwriters like Melissa Etheridge, Sheryl Crow and Dusty Springfield whose lives have been affected by breast cancer. On October

22, 2006 at the 142 Throckmorton Theatre, Susan Z and special guests will present The Breast of Broadway, a musical journey through the classics of Broadway.

Since 1998, WW&S has raised over \$55,000 for local breast cancer charities. Proceeds of this year's events will benefit Zero Breast Cancer, Friends of Faith, Inc., and Rally To Celebrate Life.



Thank you to our Contributors

Zero Breast Cancer is grateful for the support of our contributors throughout the year, whether it be a foundation grant, sponsoring or attending an event, or making a donation. Please look for the complete list of our 2006 donor acknowledgements in our end of year newsletter. In the meantime, thank you for your generosity.

For those who wish to view our current list of sponsors, donors, honorariums and memorials, please visit our website at:

www.zerobreastcancer.org/donate.html

Please continue to support the work of Zero Breast Cancer by making a contribution using the enclosed envelope.

Thank you.



non-profit org.
U.S. postage
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Permit #14
Ross, CA 94957

4340 Redwood Highway #C400
San Rafael, CA 94903

www.zerobreastcancer.org