

Welcome to the Webinar!

Culture and Breast Cancer: Overcoming Unequal Obstacles



Webinar Housekeeping

- Live transcript (captioning)
- Q & A function
- Chat is view only
- Recording link will be emailed

Who is here today?



Culture and Breast Cancer: Overcoming Unequal Obstacles

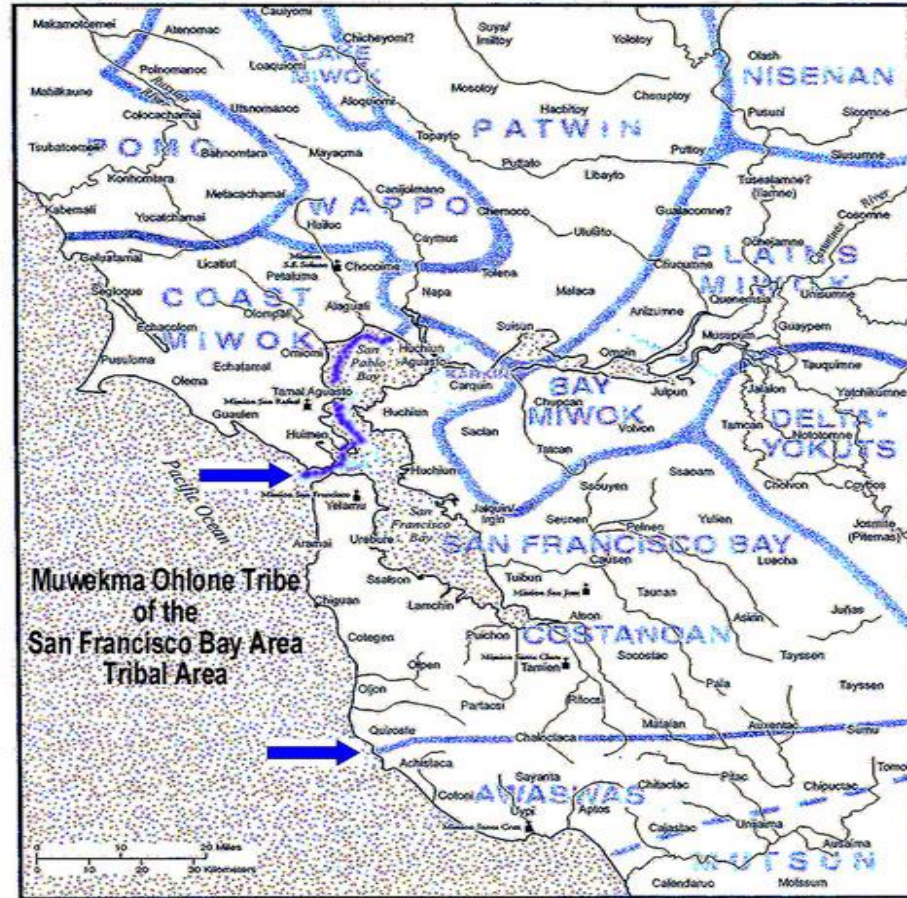
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Program Director

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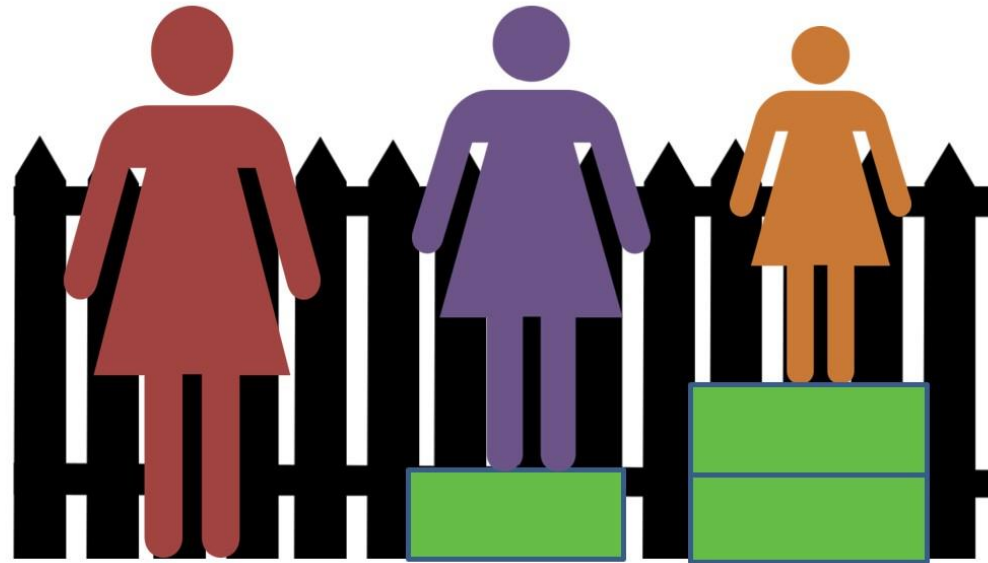
The Land We Are On



Zero Breast Cancer



Health Equity



EQUITY

Culture: perception of normal

Traditions

Values

Beliefs

Customs

Attitudes

Language

Behavior

Health Inequity & Culture

Individual blame



Cultural blame



Culture and Cancer

Prevention

Treatment & Survivorship



Language	Text	10% (Average)	15% (Now)	25% (Before Age 8)
English	Girls' New Puberty. WHEN 8 YEAR OLD GIRLS HAVE 13 YEAR OLD BODIES. JUST A GENERATION AGO LESS THAN 5% OF ALL GIRLS STARTED PUBERTY BEFORE THE AGE OF 8 (NOW IT'S 10%+).	10% (AVERAGE)	15% (NOW)	25% (STARTED PUBERTY BEFORE AGE 8)
Spanish	Las niñas y la nueva pubertad. CUANDO LAS NIÑAS DE 8 AÑOS TIENEN CUERPOS DE NIÑAS DE 13 AÑOS. LOS CUERPOS DE NIÑAS QUE COMEZAN A DESARROLLARSE A UNA EDAD MÁS JÓVEN QUE NUNCA, ANTES DE LOS 8 AÑOS (AHORA ES MÁS DEL 10%).	10% (PROMEDIO)	15% (AHORA)	25% (COMENZAN LA PUBERTAD ANTES DE LOS 8 AÑOS)
Chinese	早來的青春期. 當 8 歲的女孩有 13 歲女孩的身軀. 我們上一代人只有不到 5% 的女孩在 8 歲前開始青春期 (現在已經翻了一倍!).	10% (根據統計)	15% (現在)	25% (在 8 歲前開始青春期)

WHAT CAN WE DO? ¿QUÉ PODEMOS HACER? 我們能做什麼?

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Memory and Thinking Problems After Breast Cancer

Facts for people who have had breast cancer and those who care for them

“It is real and you are not alone.”

Have you heard the term Chemo Brain? Until the last decade, when women who had been treated for breast cancer reported memory and thinking changes, they were often ignored. Now we know that cancer and cancer treatment can cause such problems and research is progressing on how to help people who have Chemo brain, also known as Cancer-related Cognitive Impairment (CRCI). We can take heart that most of us will recover our brain function and that there are things we can do to deal with memory/thinking problems.

It is real and you are not alone

Perhaps the most important thing for some of us is to know that real, physical changes have taken place and that others have gone and are going through the same thing. For Karen (diagnosed at 39 years old when she had 3 children under age 5), memory issues started a couple of months after chemotherapy. One day I was going somewhere in the car and suddenly was not sure if my one-year old son was in the car. I did not remember buckling him into the car seat. This was frightening for a Mom.

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Today's Speakers



Ways to make change

- Share your story
- Work with a group on outreach or support
- Join a patient or community advisory board (hospital, research)
- Advocate for inclusive policies

Blog

[Christine Jon'el On Ableism and Racism in Breast Cancer](#)



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Coming this Fall: Environmental Health Equity & Breast Cancer

Previous webinar videos: Community Engagement in Research
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